# Pbody's



# Where Passion and the Plate Meet

# LUNCH----

### SERVED ONLY TUESDAY-FRIDAY 11AM TO 2PM

Chicken Sliders \$11.99\*

Fried or Grilled, pickles, tomato, lettuce, served with fries

Double Cheeseburger Sliders \$11.99\*

Mini patties, pickles, tomato, lettuce, choice of cheese, served with fries

Catfish Sliders \$11.99\*

Fried catfish, pickles, tomato, lettuce, Cajun aioli, served with fries

Pulled Pork Sliders \$11.99\*

House smoked pulled pork, pickles, BBQ sauce, slaw, served with fries

Lunch Spaghetti - Spicy! \$11.99\*

Noodles served with Angie's homemade spaghetti sauce and Italian meatballs

Lunch Chicken Parmesan - Spicy! \$11.99\*

Noodles served with Angie's homemade spaghetti sauce and chicken tenders

Lunch Fried Chicken Tenders \$11.99\*

Hand breaded chicken tenders served with a side of fries

Lunch Grilled Chicken \$11.99\*

Chicken breast served over rice with your choice of side

Lunch Fried Catfish \$11.99\*

Farm raised; hand breaded catfish served with your choice of side

Lunch Salmon \$15.99\*

Fresh salmon served over rice with your choice of side

Club Wrap \$12.99\*

Ham, turkey, bacon, cheese, lettuce, tomato, mayo with your choice of side

Chicken Caesar Wrap \$12.99\*

Grilled chicken, romaine, parmesan, Caesar dressing with your choice of side

Buffalo Chicken Ranch Wrap \$12.99\*

Buffalo chicken, lettuce, cheese, tomato, ranch dressing, with your choice of side

Cajun Chicken Wrap \$12.99\*

Cajun chicken, lettuce, pico, corn & bean salsa, Cajun mayo, your choice of side

Chicken Bacon Ranch Avocado Wrap \$12.99\*

Chicken, bacon, lettuce, avocado, cheese, tomato, ranch, with your choice of side

Lunch Chicken Stir-Fry \$11.99\*
Rice, chicken, peppers, onions, mushrooms, fried Asian noodles, sesame seeds

Lunch Shrimp Stir-Fry \$12.99\*

Rice, shrimp, peppers, onions, mushrooms, fried Asian noodles, sesame seeds

Half Chicken Canton Asian Salad \$11.99\*

Grilled or fried, lettuce, cabbage, mandarin oranges, almonds, fried Asian noodles

Half Chicken Salad \$11.99\*

Grilled or fried, cheese, tomato, cucumber, onion, and croutons

Lunch Pulled Pork Plate \$11.99\*

House smoked pulled pork, BBQ sauce, and your choice of side

Lunch Meatloaf - Spicy! \$11.99\*

Homemade meatloaf that has a little extra kick with your choice of side

Pulled Pork Grilled Cheese \$12.99\*

Pulled pork, cheese, pickles, BBQ sauce, with your choice of side

Southwest Chicken Grilled Cheese \$12.99\*

Cajun chicken, cheese, pico, Cajun mayo, black bean salsa, with your choice of side

Smoked Brisket Grilled Cheese \$12.99\*

smoked brisket, cheese, pickles, BBQ sauce, with your choice of side

Mac & Buffalo Chicken Grilled Cheese \$12.99\*

Mac & Cheese, fried buffalo chicken, cheese, with your choice of side









APPETIZERS←	
South Western Spring Rolls	\$10.99*
★Tennessee BBQ Spring Rolls	\$10.99*
filled with pork loin, mac & cheese, corn & black bean sals  Fried Duck Bacon Wantons	\$12.99*
Duck bacon blended with sweet corn & cream cheese ins Gator Bites	\$14.99*
Hand cut alligator filets trimmed and fried to order  Fried Guacamole Bites	\$10.99*
Tortilla chip breading filled with avocados, tomatoes, onic Fried Green Tomatoes	ons, & jalapeno peppers \$10.99*
Fresh hand breaded green tomatoes served with our pet	tal sauce
King Tots Extra large tots filled with cheddar cheese, bacon, & sour	
Wings Wings tossed in your choice of sauce served over chips	\$14.99*
Chicken Tenders Our famous hand breaded chicken tenders served with h	\$10.99* noney mustard
Fried Pickles Fresh never frozen breaded to order	\$8.99*
Spinach Artichoke Dip mozzarella, provolone, romano, parmesan cheese, spinae	<b>\$9.99*</b> ch & artichokes
Buffalo Shrimp  Breaded to order shrimp tossed in buffalo sauce served	\$10.99*
Pepper Cheese Bites Pepper, american, & swiss cheese covered in breadcrum	\$9.99*
SANDWICHES -	Served with manifeld
served with one side  Reuben Sandwich	\$13.99*
Corn beef, Russian dressing, swiss cheese, sauerkraut on  Buffalo Chicken Sandwich	marble rye bread \$12.99*
Buffalo chicken, lettuce, onion, tomato, pickle  Nash Hot Chicken - It's Spicy!	\$12.99*
Nashville hot chicken, pickles, slaw  Brisket Sandwich	\$13.99*
Brisket, pickle, choice of sauce	
Pulled Pork Sandwich pulled pork, pickles, slaw, choice of sauce	\$10.99*
Club Sandwich Lettuce, tomato, ham, turkey, bacon, smoked gouda, Hav	\$12.99* arti on sourdough
Chicken Salad Sandwich Pbody's chicken salad with lettuce, tomato, walnuts, on a	\$12.99* brioche bun
Shauna's Jalapeño Ranch Chicke Fried chicken, pepper jack, bacon, fried jalapeno, jalapeno	n Club \$13.99*
STIR-FRY •	- Commence of the Commence of
Chicken Stir-Fry Served over white rice, with chicken, peppers, onions, munoodles, and sesame seeds. Get it Hirono style, red rocke	
Chicken & Shrimp Stir-Fry Served over white rice, with chicken, shrimp, peppers, on Asian noodles, sesame seeds. Get it Hirono style, red roc	\$19.99* nions, mushrooms, fried
Shrimp Stir-Fry Served over white rice, with shrimp, peppers, onions, mu noodles, and sesame seeds. Get it Hirono style, red rocke	
Bayou Cajun Stir-Fry	\$20.99*
Served over white rice with shrimp, chicken, andouille sail peppers, onions, mushrooms, cooked with Cajun season *Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may in	ing and chicken stock.

# SALADS-

# Southwest Chicken Salad

\$15.99\*

Cajun chicken, black bean & corn salsa, shredded cheese blend, pico

### Chicken Salad

\$14.99\*

Fried or grilled chicken, tomato, cucumber, red onion, shredded cheese, croutons

# Chicken Caesar Salad

\$14.99\*

Fried or grilled, chicken, parmesan cheese, croutons

# Salmon Caesar Salad

\$16.99\*

Salmon, parmesan cheese, croutons

Chef Salad

\$14.99\*

Ham, turkey, bacon, egg, tomato, shredded cheese, cucumbers, onions, croutons

### California Salad

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Fried or grilled chicken, oranges, walnuts, strawberries, dried cranberries, bleu cheese, avocado

# California Shrimp Salad

\$18.99\*

Fried or grilled shrimp, oranges, walnuts, strawberries, cranberries, bleu cheese,

# California Salmon Salad

\$19.99\*

salmon, oranges, walnuts, strawberries, cranberries, bleu cheese, avocado

# Creamy Chicken Salad

\$15.99\*

Chicken salad, tomato, walnuts, cucumber, oranges, grapes

### Canton Asian Salad

\$15.99\*

Grilled or Fried Chicken, Cabbage, oranges, sliced almonds, green onions, red bell peppers, chow mien noodles

Dressing Selection: Honey Mustard, Ranch, Thousand Island, Balsamic Vinaigrette, Italian, French, Bleu Cheese, Caesar, Canton Ginger, Red Chili, Jalapeño Ranch

# BURGERS -

All Burgers have LTOP, and our served with one side.

### Avocado Bacon Burger

\$14.99\*

Pepper jack cheese, avocado, & bacon

The Big Beefy

\$14.99\*

Topped with your choice of cheese, brisket & your sauce choice

# Swiss, Mushroom & Bacon Burger

\$14.99\*

Topped with mushrooms, bacon, and swiss cheese

# The Ramon

\$14.99\*

Grilled jalapeno on the bottom, pepper jack, fried jalapenos & Cajun aioli

# Best of Both Worlds

\$14.99\*

Topped with pulled pork, crispy onion, & your choice of BBQ sauce

# Classic Bacon Cheeseburger

\$13.99\*

Topped with bacon and your choice of cheese

### \$14.99\*

Grilled with our Cajun seasoning topped with bacon & bleu cheese

Cajun Bacon Bleu Cheese Burger

### Buford T's Diablo

\$22.99\*

1 pound of hamburger topped with bacon, & pepper jack cheese, 5150 sauce

### Ultimate Cheeseburger

\$22.99\*

1 pound of hamburger topped with bacon, smoked gouda, Havarti cheese

# Bacon Mac & Cheese Burger

\$14.99\*

Bacon, mac & cheese, shredded cheese, bacon pieces, American cheese

### Bacon Bourbon Burger

\$14.99\*

Cooked in bourbon sauce, smoked gouda, bacon, and a drizzle of bourbon sauce

### Barn Yard Burger

\$22.99\*

Fresh beef patty, fried chicken breast, pulled pork, bacon, your choice of cheese.

Cheese Selection: Cheddar, American, Swiss, Monterey Jack, Pepper Jack, Gouda, Havarti

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness





# CHICKEN ←

# Fried Honey Chicken

\$19.99\*

Served on sourdough toast covered in honey served with one side

### Chicken Florentine

\$20.99\*

Grilled chicken, spinach dip, parmesan, fried spinach, on rice with two sides

### Southwest Chicken

\$20.99\*

Blackened chicken, black bean & corn salsa, pico, on rice with two sides

# Hirono Chicken

\$19.99\*

Teriyaki chicken topped with grilled pineapple, on rice with two sides

# Chicken Tenders

\$19.99\*

Pbody's famous hand-breaded chicken tenders served with two sides

# Chicken Monterey

\$20.99\*

Grilled chicken, mushrooms, onions, monterey cheese, on rice with two sides

# Country Fried Chicken

\$19.99\*

Two fried chicken breast over mashed potatoes with white gravy and one side

# Chicken & Waffles

\$19.99\*

Hand-breaded tenders served on sweet Belgium waffles with maple syrup

# MAMMY'S TARCOS ←

### Get 2 Tarcos for \$16.99 or 3 Tarcos for \$18.99 and one side \*Cannot mix tarcos\*

# ★ Smashburger Tarcos\*

Smashburgers, shredded cheese, pico, fried pickles, lettuce, petal sauce

# Bayou Catfish Tarcos\*

Fried catfish, Cajun aioli, cheese, corn & black bean salsa, pico

### Pulled Pork Tarcos\*

Slaw, cheese, pulled pork, corn & black bean salsa, pico, Pbody's BBQ

# Southwest Chicken Tarcos\*

Blackened chicken, sour cream, corn & black bean salsa, cheese, pico

# Shrimp Tarcos\*

Buffalo fried shrimp, cheese, sour cream, corn & black bean salsa, pico

# **Brisket Tarcos\***

Cheese, brisket, corn & black bean salsa, pico, fried jalapenos, white BBQ

### Fried Chicken Tarcos\*

Hot, buffalo, or original - sour cream, cheese, corn & black bean salsa, pico



That's how mammy said tacos!

# PASTA -

# Spaghetti & Meatballs - Spicy!

\$20.99\*

CHICKEN PARMESAN

Spaghetti served with Angie's homemade spaghetti sauce and Italian meatballs

# Chicken Parmesan - Spicy!

\$20.99\*

Spaghetti served with Angie's homemade spaghetti sauce and chicken tenders

# Grilled Chicken Alfredo

\$20.99\*

Fettuccine noodles served with our own alfredo sauce, grilled chicken

# Cajun Chicken Alfredo

\$20.99\*

Fettuccine noodles served with our own alfredo sauce, cajun grilled chicken

# Shrimp & Broccoli Alfredo

\$21.99\*

Fettuccine noodles served with our own alfredo sauce, shrimp, broccoli

### Louisiana Bayou Pasta

\$22.99\*

Fettuccine noodles served with our own alfredo sauce, shrimp, chicken, andouille sausage, red and green peppers, onions, mushrooms, cajun seasoning







# RIBS & BBQ ←

Full Rack \$29.99\*

Largest baby back ribs we could find! Your choice of sauce and two sides

Half Rack \$21.99\*

Largest baby back ribs we could find! Your choice of sauce and two sides

\$13.99\* Pulled Pork Plate

Your choice of sauce and two sides

Brisket Plate \$19.99\*

Your choice of sauce and two sides

**Burnt Ends** \$19.99\*

Served over mashed potatoes with spicy mama BBQ and two sides

### Sauces & Seasonings:

Barbecues: Pbody's, Carolina, Spicy Mama, White BBQ, Honey BBQ, Peach Heat Specialty: Buffalo, Teriyaki, Red Rocker, Red Chili, 51/50, Jalapeno Ranch Seasonings: Ranch, Cajun, Nash Hot

# STEAKS +

The Roger	\$26.99*
1 2 no sibour con rad with two sides	

12oz ribeye served with two sides

\$29.99\* The Flair

16oz ribeye served with two sides

\$29.99\* MJ Filet

6oz filet served with two sides

The Aikman \$23.99\*

8oz sirloin served with two sides

Not Your Momma's Meatloaf - Spicy!

onions, celery, green peppers, jalapeno peppers on a bed of mashed potatoes, with sriracha tomato sauce, fried onions & green onions, served with two sides

# SEAFOOD ←

# ★ Shrimp & Grits

\$21.99\*

Cheese grits, bell peppers, mushrooms, onions, andouille sausage, shrimp stock, garlic cream, cajun seasoning, served with toast

Buttermilk Fried Shrimp	\$20.99*

Hand-breaded fried shrimp served with two sides

Grilled Shrimp \$20.99\*

Served over rice served with two sides

Grilled or Blackened Salmon \$23.99\*

Served over rice served with two sides

Hirono Salmon \$24.99\*

Served over rice served with two sides

**Bourbon Glaze Salmon** \$24.99\*

Served over rice served with two sides

Southwest Salmon \$24.99\*

served over rice served with two sides

Brother Mulberry's Fried Catfish \$21.99\*

U.S. farm raised hand-breaded catfish served with two sides

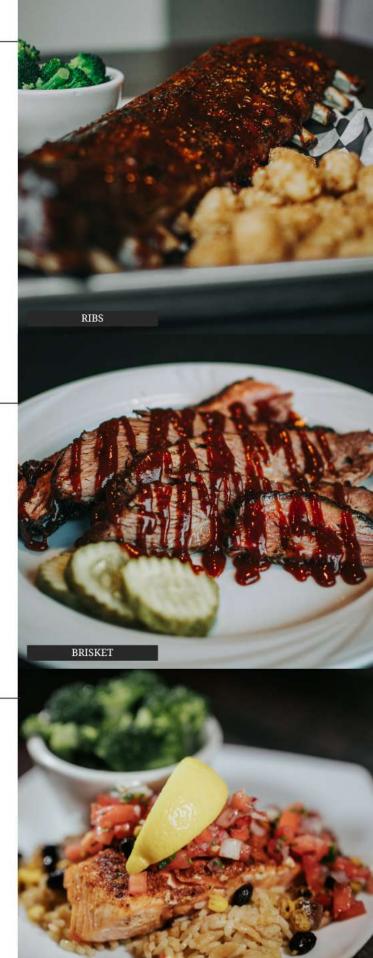
# SIDES

All extra sides are \$3.99

To load your fries, mashed potatoes, baked potato, or broccoli add \$1

Fries, Cole Slaw, Tater Tots, White Rice, Broccoli,







SOUTHWEST SALMON

DESSERTS -	
Fried Banana Pudding One serving of our fried banana pudding	\$8.99
Personal Pie Daily Selection	\$7.99
Banana Pudding One serving of our banana pudding	\$8.99
The Brownie Supreme One serving of our brownie supreme	\$8.99
Chocolate Eruption Cake One slice of our chocolate eruption cake	\$9.99
NY Colossal Cheesecake One slice of our NY colossal cheesecake	\$9.99
Pecan Pie One slice of our pecan pie	\$7.99
Caramel Pie One slice of our caramel pie	\$7.99
Key Lime Pie One slice of our key lime pie	\$7.99
Vanilla Ice Cream Two scoops of vanilla ice cream	\$3.99

# DRINKS-

\$3.29
\$3.29
\$3.29
\$3.29
\$3.29
\$3.29
\$3.29
\$3.29
\$3.49
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# **GIFT CARDS**

Looking for the perfect gift for any celebration? Ask your server today about buying a Pbody's gift card!

# **SAUCE & SEASONINGS**

Take a bottle home for \$4.99

# Barbecues:

Pbody's, Carolina, Spicy Mama, White BBQ, Honey BBQ

Specialty:

Buffalo, Teriyaki, Red Rocker, Red Chili, 51/50, Jalapeno Ranch

Seasonings:

Ranch, Cajun, Nash Hot





Angie and I started out just like any other cook and server. We couldn't stand each other (sometimes I think she still feels that way). Soon after we fell in love, and eventually started our own family raising three daughters: Danielle, Ashley, and Rebecca. All while working countless hours and opposite shifts. Then in 2009 I took a position with KBR serving our soldiers in Iraq. During this time, the dream of Pbody's came to me. After coming back home for good my plan began to develop. Today Angie and I have partnered with the Clarksville Country Club to make that dream a reality. Angie has an incredible dedication to serve, and I have strong passion for food. I didn't get this hot body from just working out. We are here to create the feel of dinner with loved ones, you are not just a customer to Pbody's you are family. Family has always been important to us, it is what has made Pbody's the way it is today. Just like my granddaddy Everett told me "if hard work would kill you, I'd been dead long ago" and he lived to be 93. Our families lived through the depression, wars, and some of the hardest times but they have always taught us how to work hard, love, and take care of family. The hardest working woman I ever met was Angie's mother, Dessie. One day she had me help her on a wood truck and I just couldn't wait to get back to the restaurant. I knew where I belonged. So when you come in we want you to leave the worries of the world outside, sit with our family, and just how Mammy would say it "whata ya have".

> Like us on Facebook @ www.facebook.com/pbodysccc Visit us at www.pbodys.com Call us: (931) 241-4040

> > Tuesday - Thursday: 11AM — 9PM Friday & Saturday: 11AM — 10PM Sunday: 10AM — 4PM Closed Monday